

On-Line Directed Retreat Opportunities



What is a Directed Retreat?

This silent, individual retreat is for persons who are interested in committing to times of silence and prayer each day. In addition to several periods of intentional prayer each day, the retreatant can rest, walk, journal, etc. The retreatant meets daily with an experienced spiritual director to share the fruit of prayer and how God is speaking in his or her life.

Possible Retreat Directors



Kathleen Durkin, CSJ – offered by zoom within these dates - June 7- 30, July 1-16, August 18 – 31. Specific dates, length and cost can be discussed upon initial contact.

Kathleen is a trained spiritual and retreat director, and a certified dream work facilitator from the Haden Institute. She holds Masters' degrees in Religious Education from Fordham University and Organization Development from Loyola of Chicago. Currently, she serves on the staff of St. Joseph Retreat Center as a spiritual director and program facilitator.



Helen Skormisley, CSJ – offered by zoom within these dates - July 6-31. Specific dates, length and cost can be discussed upon initial contact.

Helen is a Certified Spiritual Director and Dream Process Leader. She holds active licensure/certification as a Clinical Social Worker, Jungian psychotherapist, Trauma Therapist, Grief Therapist and Board-Certified Adult Nurse Practitioner and Gerontology Practitioner. Presently, she facilitates the Adult Bereavement Support Group and is a Consulting Board Member at the WV Family Grief Center in Morgantown, WV. She is a graduate of the Haden Institute's Spiritual Direction and Dream Leadership Training Programs. She offers dreamwork, spiritual direction, retreats and programs at St Joseph Retreat Center in Wheeling, WV and through secure online platforms.



John Spiesman, Ed. D, MSW, LISW - offered by zoom within these dates - July 6- 23. Specific dates, length and cost can be discussed upon initial contact.

John completed formation training as a spiritual companion and dream worker through the Haden Institute, a program in the Jungian Mystical Christian tradition. He accompanies journeyers in person, on the telephone, or through an online secure platform, welcoming all who long for a deeper relationship with the Divine. He offers retreats and dream work individually and to groups. He is particularly interested in spiritual symbols and ritual, church wounds, vocational calls, the Celtic Anam Cara and Celtic Spirituality, as well as dream work, journeying with men, and empaths. John is on the faculty of the Haden Institute, and presently serves as a spiritual companion and dream worker in addition to his work as an educator and clinical social worker in Ohio.

Cost: On-line Directed Retreats will be adapted based on the number of days.

**Questions: Contact Anna Marie Troiani
Executive Director of St. Joseph Retreat Center
atroiani@csjoseph.org or 304-312-3691.**

